

Summer Opportunities

Oh, the places you'll go!

There are many ways to spend your summer - a job, an internship, a global education experience or volunteering in your local community. At University Prep, we encourage students to use their summer to recharge, and if interested, to explore new opportunities. Summer should not be seen as a vehicle to enhance college applications.

In this packet, you will find a collection of helpful hints, sample resumes and a list of resources for you to begin your search for your summer opportunity.

Packet Organization

- 1. Seattle Area Summer Programs
- 2. National and Global Summer Programs
- 3. Top Ten Places to Search for a Summer Job
- 5. Applying and Interviewing for Summer Jobs and Internships
- 6. Sample Resumes



Seattle Area Summer Programs

Summer in Seattle

You don't have to look any further than your backyard to find meaningful summer experiences.

This list focuses on summer programs in the Seattle area and around Washington State. It is by no means a comprehensive list, but it should provide you with a starting point when searching for local summer experiences!

When should I apply?

Many summer programs are not updated online until March or April; however, others have application deadlines as early as February. Please check the website of the program you're interested in for application details, dates and deadlines.

ACADEMIC PROGRAMS

Communications

Creative writing, screenwriting, storytelling

http://www.summer-camp.uw.edu

Weekday High School Internship (KUOW)

https://www.kuow.org/radioactive

General Academic Enrichment

Bellevue College summer programs

https://www.bellevuecollege.edu/ce/teen-programs/

Bush School

http://www.bush.edu/

Lakeside School

https://www.lakesideschool.org/summer/summer

Liddane Tutoring

www.liddanetutoring.com

Summer Writing Clinic

www.movingwordsclinic.com

Washington State University summer programs

https://summer.wsu.edu/

Western Washington University summer programs

http://www.wwu.edu/ee/youth/

Washington Business Week (at WWU, CWU, GU & PLU)

www.wbw.org

University of Washington

www.summer.washington.edu

UW K-12 -- Comprehensive searchable database providing information about resources available at the UW: internships, courses, professional development opportunities, workshops & more http://www.pce.uw.edu/

Health Care

Camp Cardiac

http://www.campcardiac.org/

Nurse Camp – Multi care Health Systems

http://www.multicare.org/nurse-camp/

Washington Business Week Health Care Pathway (PLU, Gonzaga)

www.wbw.org

University of Washington's Harborview Injury Prevention and Research Center https://depts.washington.edu/hiprc/education/insight-hs/

Languages

FIUTS Language & Culture Institute — Seattle University of Washington foreign language programs

Washington Academy of Languages

One World Now

French: *Alliance Française of Seattle*French language camp at Canoe Island

Spanish: Volunteering/Internships at Casa Latina

https://www.fiuts.org/slci www.summer.washington.edu

www.wal.org

https://oneworldnow.org/

www.afseattle.org www.canoeisland.org

http://www.casa-latina.org/get-involved/volunteer

Math, Science, & Research

Bioquest summer science program

Davidson Institute: BioQuest Academy/Seattle

Camp BIOmed

Fred Hutchinson Cancer Research Center Pacific Science Center discovery corps program

Pathways to Science (search engine)
Project BioTech (Biotechnology Research)
State of WA Ecology Youth Group
Summer Institute for Mathematics

University of Washington School of Pharmacy

 $\underline{https://www.seattlechildrens.org/research/centers-programs/science-education-programs/science-educ$

department/bioquest-academy/

https://www.davidsongifted.org/Search-Database/entry/R16499

http://www.nwabr.org/campbiomed

 $\underline{http://www.fredhutch.org/en/careers/internship-opportunities/high-school-internship.html}$

https://www.pacificsciencecenter.org/discovery-corps/

http://www.pathwaystoscience.org/index.aspx

https://www.shoreline.edu/biotechnology/outreach/project-biotech.aspx

https://ecology.wa.gov/Waste-Toxics/Solid-waste-litter/Litter/Ecology-Youth-Corps

 $\underline{\text{http://www.math.washington.edu/}{\sim} \text{simuw/thisyear/overview.html}}$

https://sop.washington.edu/pharmd/step-summer-program/

Technology & Computers

Digi Pen Institute of Technology (Redmond)

Id Tech summer computer camps (residential/ day camps)

Microsoft

UW Computer Programming courses

https://projectfun.digipen.edu/pre-college-program/

http://www.internaldrive.com/locations/wa-summer-camps-washington-computer-camps/https://careers.microsoft.com/careers/en/us/highschoolintern.aspx

http://www.summer-camp.uw.edu

ART PROGRAMS

Pilchuk Glass School

Cornish College of the Arts MoPOP teen workshop Gage Academy of Art

Seattle Art Museum teen workshop

Seattle Children's Theatre high school intern program

Seattle Film Institute
Seattle Theatre Group
Seattle Shakespeare Company
Youth Theater Northwest

www.cornish.edu/summer/

www.empmuseum.org/camps

www.gageacademy.org/youth/?page=teen workshop

www.pilchuck.com

www.seattleartmuseum.org/teens

http://www.sct.org/School/Summer-Season

https://www.sfi.edu/#home www.stgpresents.org/education www.seattleshakes.org

http://www.youththeatre.org/

ATHLETIC PROGRAMS

Many public and private organizations offer summer sports camps or jobs. Participation in traditional camps can lead to summer job opportunities as a camp counselor, coach, referee, or umpires; you could also create your own sports camp for neighborhood kids.

Seattle Parks & Recreation

Bellevue Parks & Recreation

Tennis

http://www.seattle.gov/parks

https://parks.bellevuewa.gov/connections

http://www.seattle.gov/parks/athletics/tennisct.htm

8000 25th Ave NE, Seattle, WA 98115 — 206.832.1111

http://www.universityprep.org/academics/college-counseling

Pools (lifeguards and wading attendants)

Lifeguard training

Boating Golf

Boys & Girls Club

Bike touring

CYO summer

Rain City Fencing Center Referee/Umpire training (ages 15+)

Sky Hawks camp counselors/coaches (age 17+)

Special Olympics of Washington summer games volunteer

UW sports camps

YMCA of Seattle-day camps at local branches

http://www.seattle.gov/parks/pools.asp

http://www.seattle.gov/parks/Aquatics/LTT.htm http://www.seattle.gov/parks/boats/default.htm http://www.seattle.gov/parks/athletics/golfcrse.htm

http://www.positiveplace.org

http://bikeworks.org/youth-programs/summer-camps-tours/

http://www.oyyae.org/athletics http://www.raincityfencing.com/ http://woa-officials.com/pages/

http://www.skyhawks.com/page/company/jobs/

http://www.specialolympicswashington.org/sowa/volunteer https://gohuskies.com/sports/2013/4/18/208228730.aspx

http://ykids.seattleymca.org/find-a-camp

Sports Facilities:

Youth soccer instructors, referees, and customer service representatives

Arena Sports http://www.arenasports.net/about-us

Starfire Sports http://www.starfiresports.com/about/employment-opportunities/

Professional Teams

Seattle Mariners seasonal employment and internships

Seattle Storm

Seattle Sounders FC Seattle Academy & camps

http://seattle.mariners.mlb.com/mlb/help/jobs.jsp?c_id=sea

http://www.wnba.com/storm/contact/employment.html

http://www.soundersfc.com/academy

GOVERNMENT: CITY, COUNTY & STATE

Check local branches of community centers, and parks and recreation divisions as well!

Bellevue Summer Jobs https://bellevuewa.gov/city-government/departments/human-resources/job-opportunities

Kirkland http://www.ci.kirkland.wa.us/jobs.htm

Mercer Island
Sammamish
Mercer Island
www.ci.sammamish.wa.us

Seattle parks http://www.seattle.gov/PARKS/jobs/default.htm

Seattle community centers http://www.seattle.gov/parks/centers.asp

Seattle pools

http://www.seattle.gov/Parks/aquatics/employment.htm

http://www.kingcounty.gov/recreation/parks/volunteer.aspx

Washington State Dept. of Ecology Youth Corps

https://ecology.wa.gov/Waste-Toxics/Solid-waste-litter/Litter/Ecology-Youth-Corps

Washington Legislative Youth Advisory http://lyac.leg.wa.gov/

WA State Senate Page Program

WA State House Page Program

http://www.leg.wa.gov/Senate/Administration/PageProgram/Pages/default.aspx

http://www.leg.wa.gov/House/Pages/HousePageProgram.aspx

INTERNSHIPS

Fred Hutchinson Cancer Research Center http://www.fredhutch.org/en/careers/internship-opportunities/high-school-internship.html

King Country Internships https://www.kingcounty.gov/audience/employees/careers/internships.aspx

Microsoft high school intern program https://careers.microsoft.com/?rg=us

Pacific Science Center Discovery Corps internships https://www.pacificsciencecenter.org/discovery-corps/

Seattle Aquarium internship

Seattle Children's Theatre high school intern program

http://www.seattleaquarium.org/internships
http://www.sct.org/School/Interns-Assistants

Teens in Public Service non-profits, paid internships

www.teensinpublicservice.org/

Youth Force Teen

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Youth Theater Northwest internships

http://www.teenjobs.org/ http://www.youththeatre.org

LEADERSHIP

Bank of America student leadership program

Camp Fire USA

Islandwood nature leadership camp
Seattle Audubon nature camp jr. naturalist
Washington Business Week leadership programs
YMCA Camps and Leadership Development Institute
YMCA Bold (boys) and Passages Northwest (girls)

www.bankofamerica.com/studentleaders

http://www.campfire-usa.org

http://islandwood.org/educational-programming http://www.seattleaudubon.org/sas/default.aspx

http://www.wbw.org

http://www.seattleymca.org/Locations/Orkila/Pages/Employment O.aspx

http://ymcaleadership.com/gold/

OUTDOOR EXPERIENCES

Advanced bike touring Earth Corps (Seattle based)

Ecology Youth Corp

Islandwood nature leadership camp Mountains to Sound Greenway National Park Service -- Mount Rainier

NW School of Wooden Boats

Olympic Park Institute advanced field research Outward Bound programs in the Northwest

Rite of Passage Salish Sea expeditions Seattle Audubon teen program Streams, Lakes and Wetlands

Student Conservation Association
Summer Youth sea camp (Port Townsend)

Washington Trails Association

Wilderness Awareness School (Duvall)

http://bikeworks.org/youth-programs/

www.earthcorps.org

www.ecy.wa.gov/programs/swfa/eye/nwro/html

http://islandwood.org/

http://www.mtsgreenway.org/

http://RainierVolunteersNPS.tumblr.com

www.nwboatschool.org

https://naturebridge.org/programs/olympic-summer-backpacking

www.outwardbound.org/ http://riteofpassagejourneys.org/

www.salish.org

https://www.seattleaudubon.org

https://utilities.bellevuewa.gov/conservation-and-the-environment/protecting-our-

waterways/stream-team-volunteer-program https://www.thesca.org/wawww.woodenboat.org

www.wta.org www.wildernessawareness.org

VOLUNTEER PROGRAMS: Local/Seattle

City of Seattle teen volunteer website Parent Map -- list of volunteer opportunities

United Way Volunteer Match Volunteer.gov

Family Works Food Bank and Family Center Fred Hutchinson Cancer Research Center

Lifelong Aids Alliance

Little Bit Therapeutic Riding Center

Northwest Harvest Operation Sack Lunch

Pacific Science Center Discovery Corps volunteer program

Pacific Science Center (SET) Program Sea fair - Seattle's summer celebration

Seattle Aquarium high school volunteer program

http://www.seattle.gov/services-and-information/volunteering-and-participating http://www.parentmap.com/search?gsearch=teen%20volunteers

https://www.uwkc.org/volunteer/http://www.volunteermatch.org/

www.volunteer.gov

www.familyworksseattle.org

http://www.fredhutch.org/en/careers/internship-opportunities/high-school-internship.htmll

www.lifelongaidsalliance.org http://www.littlebit.org/

http://www.northwestharvest.org/ https://www.oslserves.org/volunteer

https://www.pacificsciencecenter.org/discovery-corps/

https://www.pacificsciencecenter.org/science-educators-in-training/

http://www.seafair.com/ www.seattleaguarium.org

8000 25th Ave NE, Seattle, WA 98115 — 206.832.1111

http://www.universityprep.org/academics/college-counseling

Seattle Children's Hospital
Seattle Public Libraries
Solid Ground
Special Olympics of Washington
Teen Link
Treehouse
UW Medicine teen volunteer program
UW -- Harborview Hospital teen volunteer program
Woodland Park Zoo Corps teen volunteer program

http://www.seattlechildrens.org/ways-to-help/volunteer/ http://www.spl.org/audiences/teens https://www.solid-ground.org/get-involved/volunteer/ http://www.specialolympicswashington.org/sowa/volunteer

http://www.866teenlink.org/ http://www.treehouseforkids.org/

https://www.uwmedicine.org/volunteering

https://www.uwmedicine.org/volunteering/volunteer-faq-harborview

https://www.zoo.org/zoocorps



National and Global Summer Programs

What should I do this summer?

Whether you're a bookworm, athlete, or community activist, there's a summer program out there for you. Summer programs allow you to pursue your interests, gain practical experience outside of the classroom, and provide you with insights into your future plans.

How do I find a program right for me?

There are many types of summer opportunities for students to participate in. Investigate each one closely; dates, costs, and entrance requirements differ depending on the experience. Most importantly, look inside yourself and see what it is you hope to gain from participating in a summer program and then find the experience that best meets your goal. Lastly, have fun. It is summer after all.

When do I apply?

Many summer programs are not updated online until March or April; however, others have application deadlines as early as February. Please check the web site of the program you're interested in for application details, dates and deadlines.

ACADEMIC PROGRAMS: College Campuses

American University

http://www.american.edu/sis/communityofscholars/

Barnard College

http://barnard.edu/summer

Bellevue College Teen Summer Program

https://www.bellevuecollege.edu/ce/teen-programs/

Brandeis University Genesis Program

www.brandeis.edu/genesis

Boston College Pre-Collegiate

https://www.bu.edu/summer/high-school-programs/

Boston University PROMYS (Math & Science)

www.promys.org

Boston University Summer Challenge Program

www.bu.edu/summer/highschool

Boston University Arts Summer Institute

http://www.bu.edu/cfa/vasi/

Boston University Investigative Journalism

https://combeyond.bu.edu/workshop/bu-summer-journalism-institute/

Boston University Academy of Media Production

https://www.bu.edu/mysummer/arts/academy-of-media-production/

Brown University Pre-College

https://precollege.brown.edu/

Carleton College Liberal Arts Experience

www.carleton.edu/summer/clae

Carnegie Mellon Pre-College

www.cmu.edu/enrollment/pre-college

Claremont McKenna Kravis Leadership Institute

http://kravisleadershipinstitute.org/

Clark Scholars at Texas Tech

www.clarkscholars.ttu.edu/

Columbia University Summer High School Program

www.ce.columbia.edu/hs

Colorado College

https://www.coloradocollege.edu/offices/summersession/pre-college/

Cornell University Summer College

https://www.sce.cornell.edu/sc/

Colorado College Pre-College

https://www.coloradocollege.edu/offices/summersession/pre-college/

Duke University Summer Youth Programs
Eastern Washington University Satori

Georgetown University Summer at Georgetown George Washington University Pre-College

George Washington University Science and Engineering Harvard University Secondary School Program

Johns Hopkins University Center for Talented Youth Kenyon College Young Writers Workshops

Lewis & Clark College Workshop in Writing and Thinking

Michigan Math and Science Scholars

MIT Summer Programs

New York University Pre-College University of North Carolina Journalism

Northern Arizona University Summer Music Camp Northeastern University Experiential Entrepreneurship

Northwestern University College Prep Program

Oberlin College Foresight Prep

Oregon Institute of Technology Teen Woman in Science Penn Engineering: Summer Academy in Applied Science

Princeton University Summer Journalism Program

Quest University Summer Scholar

Sarah Lawrence College Pre-College Programs Seattle University Summer Business Institute

Sewanee Young Writers Workshop Skidmore College Summer Programs Smith College Summer Program for Girls Stanford University Summer College Stanford University Mathematics Camp Syracuse University Summer College

The College of William & Mary Summer Program

Tufts University Summer Program for High School Students

Tulane University Pre-College Programs University of Arizona Summer Programs University of California Los Angeles

UC-San Diego Academic Connection Program

University of California Los Angeles Summer Discovery

University of Chicago Summer Program University of Maryland Women in Engineering

University of Miami Summer Scholars

University of Michigan Summer Math Enrichment

University of Pennsylvania Wharton School

University of Rochester

University of Virginia Writers Workshop

University of Washington Courses for High School Students

University of Washington School of Pharmacy UW – Genomics Outreach for Minorities (GenOM)

University of Southern California

University of Toronto Engineering Enrichment

www.learnmore.duke.edu/youth

www.satoricamp.org

http://scs.georgetown.edu/departments/21/summer-programs-for-high-school-students

http://precollege.gwu.edu/

www.usaeop.com

http://www.summer.harvard.edu/high-school-programs/secondary-school-program

www.jhu.edu/summer

http://www.kenyonreview.org/workshops/young-writers/ http://college.lclark.edu/programs/fir acres/campus/

www.math.lsa.umich.edu/mmss/

https://mitadmissions.org/apply/prepare/summer/ www.nyu.edu/summer/highschool/precollege

http://ncsma.unc.edu/

http://nau.edu/CAL/Music/Curry/

https://www.northeastern.edu/precollegeprograms/programs/experiential-entrepreneurship/

https://sps.northwestern.edu/pre-college/

http://www.foresightprep.org/ www.oit.edu/precollege

http://www.seas.upenn.edu/saast/

www.princeton.edu/sjp/

https://questu.ca/community-hub/news/summer-program-courses/

https://www.sarahlawrence.edu/summer/pre-college/

https://www.seattleu.edu/albers/SBI/http://www.sewanee.edu/sywc/http://www.skidmore.edu/summer/www.smith.edu/summerprogramshttp://summer.stanford.edu/https://spcs.stanford.edu/programswww.summercollege.syr.edu

www.wm.edu/as/niahd/precollegiatesummer/index.php

https://ase.tufts.edu/summer/ https://summer.tulane.edu/

http://cos.arizona.edu/connections/for-the-public/summer-programs

www.summer.ucla.edu

https://extension.ucsd.edu/courses-and-programs/Academic-Connections

www.summerdiscovery.com

http://summer.uchicago.edu/high-school

http://www.wie.umd.edu

http://miami.edu/dcie/index.php/ssp http://www.math.lsa.umich.edu/mmss/

https://www.wharton.upenn.edu/pre-college-programs/

https://enrollment.rochester.edu/precollege/

http://theyoungwriters.org/

http://www.summer-camp.uw.edu/

https://sop.washington.edu/pharmd/step-summer-program/

http://depts.washington.edu/genomics/index.shtml

http://summerprograms.usc.edu/

http://www.youthcanada.ca/programs/da-vinci-engineering-enrichment-program-deep

US Naval Academy Summer Seminar

Warren Wilson College Summer Archaeology

Washington University (St. Louis) Summer Scholars

Washington University (St. Louis) Architecture Discovery

Washington State University

WSU Cougar Quest Experience (Gr 7-12)

WSU Summer Advantage/Pre-College

Wheaton College (MA) Vassar College Pre-college

Vassar College Powerhouse Theatre Program

Wake Forest University

West Point Summer Leaders Experience

Western Washington University Summer Programs

Wheaton College Pre-College

Worcester Polytechnic Institute Frontiers Program

Yale University Summer Exploration

http://www.usna.edu/Admissions/Programs/NASS

http://warren-wilson.edu/~arch

http://summerexperiences.wustl.edu/

http://www.samfoxschool.wustl.edu/summer/adp

https://summer.wsu.edu/

http://bpc.eecs.wsu.edu/cougarquest/

http://summeradvantage.wsu.edu/

https://wheatoncollege.edu/admission/pre-college-programs/

http://summerprograms.vassar.edu/ http://powerhouse.vassar.edu/ https://precollege.wfu.edu/

https://usma.edu/admissions/summer-program

http://www.wwu.edu/ee/

http://wheatoncollege.edu/summer-college/

http://www.wpi.edu/academics/k12/frontiers.html

http://summer.vale.edu/

ACADEMIC PROGRAMS (UNAFFILIATED)

Academic Study Associates

AIFS Summer Institute for the Gifted

Bill of Rights Institute's Constitutional Academy

Camp BIOmed

Congressional Hispanic Caucus Institute

Data Analysis Academy **Education Unlimited Experience America** Junior Statesman

Julian Krinsky Enrichment Program National Youth Leadership Forum

Summer Discovery Telluride Association Washington Business Week http://www.summerfuel.com/ http://www.giftedstudy.org/

http://billofrightsinstitute.org/constitutional-academy/

http://www.nwabr.org/campbiomed

www.chci.org

https://dataanalysisacademy.org

https://www.educationunlimited.com/

https://www.expamerica.net/

http://jsa.org/

https://jkcp.com/programs/

http://www.envisionexperience.com/ http://www.summerdiscovery.com/ http://www.tellurideassociation.org/

http://www.wbw.org/

OUTDOOR PROGRAMS

ActionOuest

Cascade Mountain School

National Geographic Expeditions

Outward Bound

One World Now (OWN) Rite of Passage/Journeys

Sail Caribbean Sea-mester

Student Conservation Association

Summer Discovery Summer at Dynamy

USDA Forest Service "Passport in Time" archaeology

Wild Earth Expeditions

http://www.actionquest.com

http://www.cascademountainschool.org/

http://ngstudentexpeditions.com/ http://www.outwardbound.org/

http://oneworldnow.org

http://riteofpassagejourneys.org/

www.sailcaribbean.com

http://www.seamester.com/

https://www.thesca.org/serve/youth-programs

http://www.summerdiscovery.com/

http://www.dvnamv.org/

http://www.passportintime.com/

https://www.wildearthexpeditions.com/

SERVICE LEARNING OPPORTUNITIES

American Cancer Society <u>www.cancer.org</u>

American Red Cross https://www.redcross.org/volunteer/become-a-volunteer.html

America's Second Harvest

AMIGOS programs in Latin America

www.secondharvest.org

https://amigosinternational.org/

Bureau of Land Management Volunteers https://www.blm.gov/get-involved/volunteers

Center for Wooden Boats http://cwb.org/join-support/volunteer/

Corporation for National and Community Service <u>www.volunteermatch.org</u>

Department of Veterans' Affairs

Earth Corps

Habitat for Humanity

www.va.gov/volunteer
www.earthcorps.org
www.habitat.org

Landmark Volunteers http://orgs.tigweb.org/landmark-volunteers

National 4-H Council http://www.4-h.org/

National Literacy Directory https://www.nationalliteracydirectory.org/
Panim Works (for Jewish students) https://www.quidestar.org/profile/52-1545520

National Park Service www.nps.gov/volunteer
Salvation Army www.salvationarmyusa.org

Seattle-area volunteer website http://www.seattle.gov/parks/volunteer/teen-service-learning

Special Olympics <u>www.specialolympics.org</u>

Student Conservation Association http://www.thesca.org/community-programs?community=seattle-wa

Teens in Public Service http://teensinpublicservice.org/

Transition Abroad <u>www.transitionsabroad.com/listings/work/volunteer/</u>

US Fish and Wildlife http://www.fws.gov/volunteers/volOpps.html

Volunteer.gov <u>www.volunteer.gov</u>

VOLUNTEER PROGRAMS: National Organizations

American Cancer Society

American Red Cross teen intern

http://www.cancer.org/docroot/com/com_0.asp

http://www.redcross.org/en/volunteertime

AMIGOS programs in Latin America

Bureau of Land Management volunteers

Corporation for National and Community Service

Department of Veterans' Affairs

https://amigosinternational.org/
www.blm.gov/volunteer

www.volunteermatch.org
www.va.gov/volunteer

Department of Veterans' Affairs www.va.gov/volunteer
Earth Corps www.earthcorps.org

Food Lifeline (Feeding America) http://www.foodlifeline.org/help/volunteer/Volunteer.html
http://www.habitat.org/cd/local/affiliate.aspx?zip=98115

Learn & Serve: Corporation for National Community Service www.nationalservice.gov

4-H Council www.fourhcouncil.edu/getinvolved

Park Service <u>www.nps.gov/volunteer</u>
Salvation Army <u>www.salvationarmyusa.org</u>

Special Olympics http://www.specialolympicswashington.org/sowa/volunteer

Student Conservation Association http://www.thesca.org/community-programs?community=seattle-wa

US Fish and Wildlife www.fws.gov/volunteers/
Volunteer.gov

www.volunteer.gov

STUDENTS OF COLOR & LOW-INCOME STUDENTS

Bill of Rights Institute's Constitutional Academy http://billofrightsinstitute.org/?s=summer

Bryant University Accounting Careers Leadership Institute https://departments.bryant.edu/accounting/pwc-acl.htm

Carnegie Mellon Summer for Math & Science Carleton College Liberal Arts Experience

CDC Disease Detective Camp Clark Scholars at Texas Tech

Clark University Summer Scholars Program College Horizons (for Native American students)

Congressional Hispanic Caucus Institute EDGE Program for Girls (Engineering)

Jackson Laboratory Summer Science Internship Minority Introduction to Engineering and Science

National Student Leadership Conference

Princeton University Summer Journalism Program Seattle University Summer Business Institute Smith College Summer Program for Girls

Telluride Association (for African-American students)

Wabash College Summer Program (business)

UW Summer Program in Medicine

http://www.cmu.edu/enrollment/pre-college/

http://apps.carleton.edu/summer/clae/ http://www.cdc.gov/museum/camp/

www.clarkscholars.ttu.edu/ http://www.clarkscholars.ttu.edu/

www.collegehorizons.org

http://apply.chci.org/applications/login.asp

http://engineering.union.edu/edge/

http://education.jax.org/summerstudent/index.html

http://web.mit.edu/mites/ http://www.nslcleaders.org/ www.princeton.edu/sjp

https://www.seattleu.edu/albers/SBI/ www.smith.edu/summerprograms www.tellurideassociation.org http://www.wabash.edu/olab/

https://www.uwmedicine.org/search?s=volunteer

INTERNATIONAL & STUDY ABROAD PROGRAMS

Abbey Road www.summeradvantage.com **AIFS**

AFS International

American Community Schools American Collegiate Adventures

Berridge Programs **Bridges Study Abroad**

Broadreach

Deer Hill Expeditions Educational Tours

Experiment in International Living

Global Works Go Beyond Travel

Interlaken/Windsor Mountain

ISSOS International Levsin American School McGill University

National Geographic Student Expeditions

National Hispanic Institute

Overland

Oxford Advanced Studies Oxbridge Academic Oxford Royale Academy **Putney Student Travel**

Riveted Kids Rustic Pathways Spoleto Study Abroad SPI Study Abroad

Studio Arts Center International

http://www.goabbeyroad.com/

www.afs.org

http://www.acs-schools.com/ www.acasummer.com

http://www.berridgeprograms.com/ http://studyabroad.bridge.edu/ www.gobroadreach.com www.deerhillexpeditions.com

www.eftours.com

http://www.experimentinternational.org/ https://www.globalworkstravel.com/ https://www.gobeyondtravel.com/ www.windsormountain.org https://www.issos.com/

www.las.ch/summer https://www.mcgill.ca/summeracademy/ http://ngstudentexpeditions.com/

https://www.nationalhispanicinstitute.org/

www.overlandsummers.com

www.oasp.ac.uk

http://www.oxbridgeprograms.com/ https://www.oxford-royale.co.uk/

http://goputney.com/ https://rivetedkids.com/ http://rusticpathways.com/ www.spoletostudyabroad.com

https://www.spiabroad.com/program-overview

https://saci-florence.edu/

Summer Discovery
University of St. Andrews
Visions Service Learning
Where There Be Dragons
Young Judea
Youth for Understanding
Weizman Institute-Israel

http://www.discoveryinternships.com/ www.st-andrews.ac.uk/study/non-degree/summer/programmes/ http://www.visionsserviceadventures.com www.wheretherebedragons.com www.youngjudea.org http://www.yfu.org/ http://www.weizmann-usa.org/

SEARCH ENGINES FOR SUMMER PROGRAMS

College Wiki Summer Lists Pathways to Science Student Education Programs Summer Discovery Summer Programs Finder http://collegelists.pbworks.com http://www.pathwaystoscience.org/index.aspx http://www.studenteducationprograms.com/ www.summerfun.com/ http://summerprogramfinder.com/



Adapted from:

TeensHealth

Top Ten Places to Search for a Summer Job

- 1. City, county, state and other government-run youth programs
 - Day and summer camps
 - Recreation centers and city parks
 - Lifequards and wading pool monitors
- 2. Vacation and tourism spots
 - Hotels/resorts
 - Parks and recreational areas
 - Swimming pools, golf courses/ tennis clubs, campgrounds
 - Amusement/theme/entertainment parks: www.wildwaves.com
 - Museums, zoos and aquariums
 - Airport concessions at SeaTac Airport: www.airportjobs.org
- 3. Childcare and eldercare providers
- 4. Health care facilities
- 5. Business services
 - Grocery stores
 - Moving and packing companies
 - Lawn care and other maintenance companies
 - Construction
- 6. Construction companies
- 7. Movie theaters
- 8. Fast food and restaurant establishments
 - Host
 - Cashier
 - Busing tables
 - Prep cook
- 9. Malls (look up directories of stores)
 - University Village: www.uvillage.com
 - Northgate Mall: www.simon.com/mall/northgate-mall
 - Bellevue Square: https://bellevuecollection.com
- 10. Clothing and accessory stores

WA State Teen Employment Information

Department of Labor and Industries Teens at Work brochure Teen rights on the job

Teen Job-Search Websites

Great job search advice Internships with local companies, updated regularly My First Paycheck Intern jobs SnagAJob

Volunteering

City of Seattle Teen Volunteer website

Parent Map Volunteer Match United Way Volunteer.gov https://www.osha.gov/youngworkers/workers.html https://www.osha.gov/youngworkers/index.html

https://kidshealth.org/ https://positiveplace.org/teens/ www.myfirstpaycheck.com www.internjobs.com www.snagajob.com

http://www.seattle.gov/services-and-information/volunteering-and-participating

http://www.parentmap.com/article/volunteer-opportunities-for-kids

http://www.volunteermatch.org/ https://www.uwkc.org/volunteer/

www.volunteer.gov



You've probably heard your parents talk about the importance of making a good first impression on a job interview (their "dress for success" talk may sound like a life lecture, but in this case parents are right).

Sources: TeensHeatlh

Applying & Interviewing for Summer Jobs or Internships

Submitting an Application

When applying for jobs, internships or volunteer activities have a resume. A resume should include your name, address and contact information. It should also include any activities you're involved in, any employment or volunteer experience you've had and a brief description of each. See the resume examples that follow.

A co-curricular resume can also be important. It is an easy way to organize your experience in a format that can supplement your application for internships, volunteer opportunities, camps and summer jobs. It's important to demonstrate your involvement in arts, sports clubs and internships outside of school; they're a way to show a prospective employer additional qualities about yourself. It is important to note any accomplishments and award recognition. There are many transferable skills that are learned from participating in co-curricular activities. Examples: time management, achieving goals, consensus building, assertiveness, leadership, decision making.

With the application include a brief introductory cover letter about why you want this position and/or to volunteer at this organization and what your qualifications are for this position.

Communication

Be mindful that employers will contact you via email or voicemail. Make sure your screen name is appropriate and voicemail message is professional. Promptly return all calls or messages. Do so in a quiet location where there are not a lot of distractions.

References

A reference is an adult over 25 not related to you. It should be someone who has known you for at least one year and will let a prospective employer know you are a responsible young adult.

Reliable references would include a teacher, coach, school counselor, volunteer supervisor, manager at a recent job or family friend. Obtain permission from prospective references before giving out their name and contact information. Ask what is the best way for them to be contacted and indicate this on your references page.

Your reference sheet should include the following information:

Name of person/title Place of business Contact information (telephone and email) Years acquainted/Relationship

Documents

Have your driver's license and your social security number on hand; many organizations use these documents for identification.

Questions

Be prepared to answer questions about yourself and your application. Employers want to get to know you a little better and see if you will be a good fit for the company and for the job/position. You should come prepared to answer questions about why you want to work for this company, when you are available to start, what are your desired/available work hours. Some employers want to know about your previous employment experiences (if any) and job responsibilities.

Also, be prepared to ask the interviewer questions. What are the job responsibilities, pay schedule (weekly, bi-weekly or monthly), job hours? Is a uniform required for this job? Is training provided? What are the benefits (if any) of this job? Don't be afraid to ask questions; good questions show the interviewer you're thoughtful and that you're not afraid to interact with other people — a particularly good interview strategy if the position involves dealing with people, such as sales. If you can, practice being interviewed by an adult to help you feel prepared and comfortable.

Here are some skills and strategies to help you ace your job application and interview:

Dress the part. Even if the job you're applying for involves wearing a uniform or working behind the scenes, the way you dress for an interview tells your potential employer that you take the job seriously. If you're a guy, wear a nice pair of pants and a shirt (a tie usually isn't necessary for a summer job, although it doesn't hurt to wear one!). Sneakers, sandals, shorts, t-shirts, sweatshirts, and jeans don't make good interview attire.

Be confident. Look your potential employer in the eye, shake his or her hand, and remember another parental mantra: good manners. Of course, appearing confident is easiest when you know what you're talking about, and that brings us to the next point.

Be prepared. Find out what you can about the position or company in advance and show your knowledge during the interview. Researching shows the interviewer that you're smart and eager to learn. Doing your research also lets you learn what inspires you about the company so you can share your enthusiasm with the interviewer.

Do some research. If you can, find out more about the position itself. Looking on the company's website or talking to someone who has worked there allows you to think in advance about which skills you have that fit well with the job.

Personal Presentation. It's important that you be well-groomed, with clean, neat and ironed clothing. Demonstrate that you have good oral and written communication skills, and that you can write and speak clearly with the use of proper grammar (no slang, please!).

Basic Skills. Neat, thorough and complete application. A demonstration of basic math, reasoning and reading comprehension skills. The ability to add, subtract, multiply and divide, and to read and understand written instructions

Softer skills. The following skills can be demonstrated by punctuality, a solid resume, rigorous classes and academic performance, commitment to activities and interests outside of academics, volunteer experiences, and strong personal references.

- Problem Solving the ability to identify, analyze and solve problems that may arise
- Teamwork the ability to work successfully with others and for the good of the employer
- Organization the ability to manage time efficiently and maintain an orderly, neat or clean work area
- Ambition a strong desire to do or to achieve something, typically requiring determination and hard work
- Courtesy having a polite attitude and behavior toward others
- Trustworthiness the ability to be honest and truthful

- Self-motivation ability to do what needs to be done, without influence from other people or situations. People with self-motivation can find a reason and strength to complete a task, even when challenging, without giving up or needing another to encourage them.
- Willingness to learn shows curiosity about the unknown and a desire to learn new tasks
- Reliability the quality of being trustworthy or of performing consistently well

Follow up

After the interview, send a thank you note. An email thank you is acceptable; a hand-written note is better. If you are offered a position, respond in a timely manner about your intentions. Reiterate your continued interest in the position. This is a particularly good strategy if you're interviewing for an internship or office position. Your future employer will be impressed by your determination.

If you choose not to take the position, call or send a note thanking the organization for this opportunity.

Washington State Wage Information

Department of Labor and Industries Teens at Work Brochure: http://www.lni.wa.gov/ipub/700-022-000.pdf

Washington State's 2019 minimum wage is \$12.00 per hour, and the city of Seattle is rolling in a \$15.00 minimum wage over the course of the next few years. Minimum wage is recalculated yearly based on a cost-of-living adjustment for workers 16 and older. 14-15 year olds may be paid 85% of the minimum wage (\$10.20 per hour).

If a minor student is working during the school year, a parent/school authorization form is required. Employers are responsible for ensuring the form has been completed before employment begins.

Sample Resumes

The following are sample resumes for high school students with various areas of interest and strength.

Penelope P. Patch 123 Wedgwood Place Seattle, WA 206-525-9659 pppatch@email.com

Education

 University Prep, Seattle, Washington Anticipated Graduation, June 2019 September 2015 - present

Cumulative GPA 3.42 (3.89 in senior year)

Community Service and Volunteer Experiences

• Cherry Street Foodbank, Volunteer Grades 9 and 10
Stocked, organized, and cleaned warehouse area and cooked and served food; received "Volunteer of the Month award" for a total of 100 hours of service over two years.

Club Soccer Fundraiser, Coordinator
 Grades 9 and 10
 Served as publicity liaison between the City of Seattle and league club soccer team for donations and entertainment during annual fundraiser.

YMCA Summer Camp, Seattle, WA
 Counselor for of summer day camp for children ages 8-12, also spent one day a week assisting in YMCA camp office.

Employment/Summer Activities

Ravenna Soccer Academy, Assistant Manager/Coach
 Summers 2016 and 2017

Soccer Referee, Club Youth Soccer, Seattle, WA Grades 10 and 11

Soccer Information

University Prep Varsity Soccer Team, Defense
 Grades 9 – 12

o Captain, Grade 12

o Third Place, State Finals, Grade 11

o 1st Team, All-League, Grade 11

Most inspirational, Grade 10

Club Youth Soccer, Club Team, Defense Grade 9 - 12

 \circ King County championship team, Grades 10-11

o King County 2nd team, Grade 9

Additional Sports Activities

University Prep, Varsity Track
 Grade 9

Qualified for district finals, Grade 9

Club Lacrosse Grade 10

o 4th in state, Grade 10

Danny Dahl 2222 Ravenna Way Bellevue, WA 98004 503-555-1111 (home) 503-555-2222 (cell)

E-mail: ddahl@email.com

Academic Background

University Prep, Seattle WA

Anticipated Graduation: Spring 2018

3.97 Student

SAT EBWR - 690/ M - 670/

ACT English - 29/ Read - 28/ Math - 30/ Science - 28/ Composite - 29

AP Calculus AB – 5 AP US History – 4

Current Classes: Calculus II, English, Art, French V, Biotechnology, Brazilian History

Awards

Member of National Honor Society Member of French Honor Society First Tech Credit Union Student All-Star University Prep Silver Talon Award

Art

University Prep Creative Arts Society – Co-President during Senior Year Best in Show at King County Juried High School Art Exhibition – fall 2016 Art on display at Javasti Café, Seattle – spring 2019 Art on display at Kaladi Bros Coffee, Seattle – fall 2018 Painted Mural through City of Seattle – summer 2018 Metro Billboard Art Contest Finalist – winter 2017

Extracurricular Activities

Actor in High School Plays and musicals – 4 years
Organizer at University Prep Coffeehouse and Music Day events – 4 years
University Prep Gay-Straight Alliance – 4 years
Dharma Rain Zen Center Youth Program participant – 4 years
Rent, the musical, enthusiast (Rent Head)

Employment/Volunteer

PCC Grocery Store Courtesy Clerk/Bakery Attendant – May 2016 to present Volunteer at Folklife Music Festival – 2 years Volunteer at Bumbershoot Festival – 3 years

ANNA BETH AM

4000 25TH AVE NE · SEATTLE, WA 98115 PHONE (CELL) 206.987.9526 · E-MAIL ABA@EMAIL.COM

EXTRACURRICULAR ACTIVITIES

Puma Press (University Prep Newspaper), Editor (Junior, Senior)

Puma Press, Photographer and Writer (Freshman, Sophomore)

Puma Press, Features Editor (Junior)

University Prep Jazz Band Tenor Saxophone (Freshman, Sophomore, Junior)

National Honor Society (Junior, Senior)

Puma Radio (Junior, Senior)

SOS (Students of Service Club) co-president— (Junior, Senior)

National Jewish Youth Council (leadership counselor) (Junior, Senior)

Filmmaking (short films, animation) (Freshman-Senior)

Dance – weekly classes since the age of 4

Assistant Dance Teacher for 3 beginner classes (Freshman)

AWARDS RECEIVED

National Merit Commended Scholar (Senior)

National Scholastic Press Association Finalist (Senior)

1st Place Features Story [Washington High School Journalism Competition] (Junior)

3rd Place News Story [Washington High School Journalism Competition] (Junior)

3rd Place [Washington State Solo and Ensemble Competition] (Sophomore)

2nd Place Nature Photograph [Washington State High School Photography Competition] (Freshman)

University Prep Scholars List (Freshman, Sophomore, Junior, Senior)

SPECIAL PROGRAMS

Dodge Film School, Chapman University, Summer high school program (2018) Washington State High School Journalism camp, Central Washington University (2017) University of North Carolina Journalism Program (2016)